



YouTube: Burhan Peynirci

LISTENING TEST

Level B-C



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NOTE TAKING

Choose the correct option.

1. What should you do before starting to study to enhance focus?

- a) Formulate vague intentions
- b) Extend your sleep duration
- c) Establish clear, specific objectives
- d) Randomly pick study topics

2. How can mindfulness be integrated into study breaks?

- a) By ignoring breaks altogether
- b) By practicing yoga during breaks
- c) By engaging in activities like deep breathing or stretching
- d) By chatting with friends online

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3. Which is a strategic way to use visual aids like diagrams and charts?

- a) To decorate your study space
- b) To create complex, cluttered visuals
- c) To simplify complex concepts and aid memory
- d) To add unnecessary details

4. Why is problem-solving practice important in studying?

- a) It's not essential; studying is sufficient
- b) It makes studying more tedious
- c) It reinforces understanding and improves problem-
- d) It only works for mathematics

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5. What does strategic revision with spaced repetition involve?

a) Regularly revisiting material with progressively

b) Reviewing material once and forgetting it

c) Frequent revision without any

d) Reviewing only at the beginning of the semester

6. How should technology be embraced in your studies?

a) Avoid it entirely; it's a distraction

b) Use it for socializing during study breaks

c) Leverage digital tools like educational apps and online

d) Replace all study materials with technology

7. What can joining or creating study groups provide?

a) A chance to procrastinate

b) A solitary learning experience

c) A collaborative learning environment where

d) A competition among peers

8. Which lifestyle aspect supports effective studying?

a) Staying up all night to study

b) Consuming fast food regularly

c) Avoiding exercise to save time

d) Prioritizing adequate sleep, balanced nutrition,

9. Which study technique is most likely to enhance comprehension?

a) Passive reading without engagement

b) Passive reading without engagement

c) Memorization without understanding

d) Ignoring breaks during study sessions

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BONUS QUESTION

10. Why is peer teaching beneficial in studying?

a) It's not; studying alone is better

b) Explaining concepts to others

c) It creates unnecessary competition

d) It delays your study progress

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How can organizational skills be applied to your study space?

a) By cluttering your workspace with

b) By regularly moving your study materials

c) By keeping your study materials organized and easily

d) By randomly scattering study materials